Track: 2022-04-14 Dallo Ienca alle Malecoste — **Date: 14/04/2022**

Track: 2022-04-14 Dallo Ienca alle Malecoste	**IBP = 175 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	17.45 Km
Analyzed distance	17.45 Km
Lineal distance	0.04 Km

Accumulated climb	1744.4 m
Accumulated descent	1736.9 m
Maximum height	2452 m
Minimal height	1176.6 m
Climb rate	19.35 %
Descent rate	21.7 %
Positive climb difference per km	99.97 m
Negative descent difference per km	99.54 m

Total time	8:05:59 h
Time in movement	6:38:52 h
Stopped time	1:27:07 h

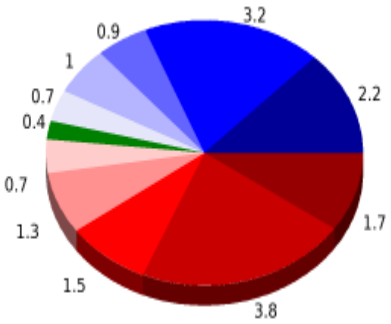
Total speed average	2.15 Km/h
Average speed in movement	2.62 Km/h
Maximum held speed	5.57 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1118 (cad. 15.61 m)
Significant points	463 (cad. 37.77 m / 41.41 %)
Aberrant points	42 (3.76 % d. total)

Direction changes per km	13.87
Direction changes >5º per km	10.54
Accumulated straight stretches	2.587 Km
Straight stretches per km	148.25 m
Penalizables slope changes	12
Penalizables slope changes per km	0.688

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Summary of slopes

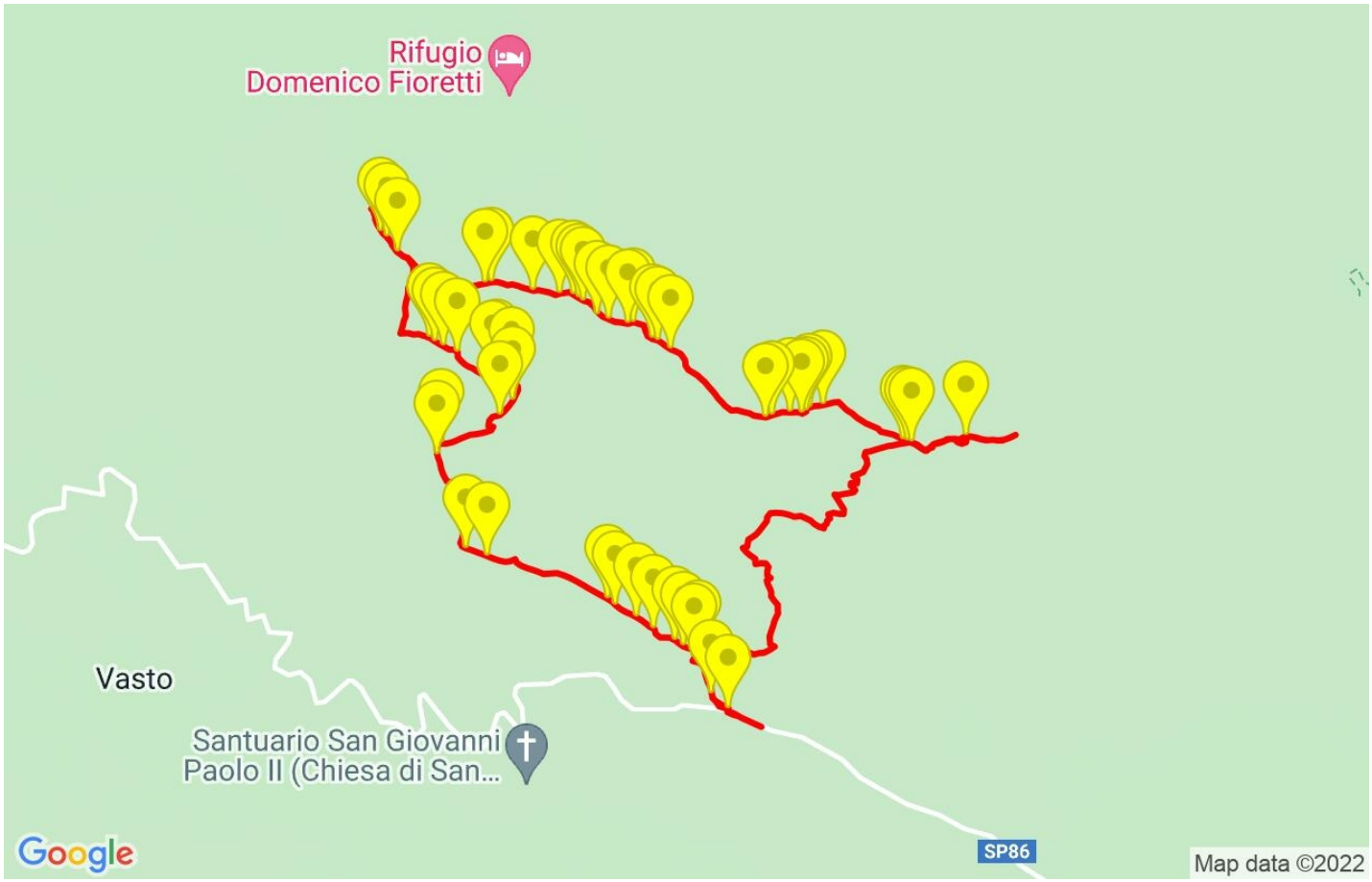


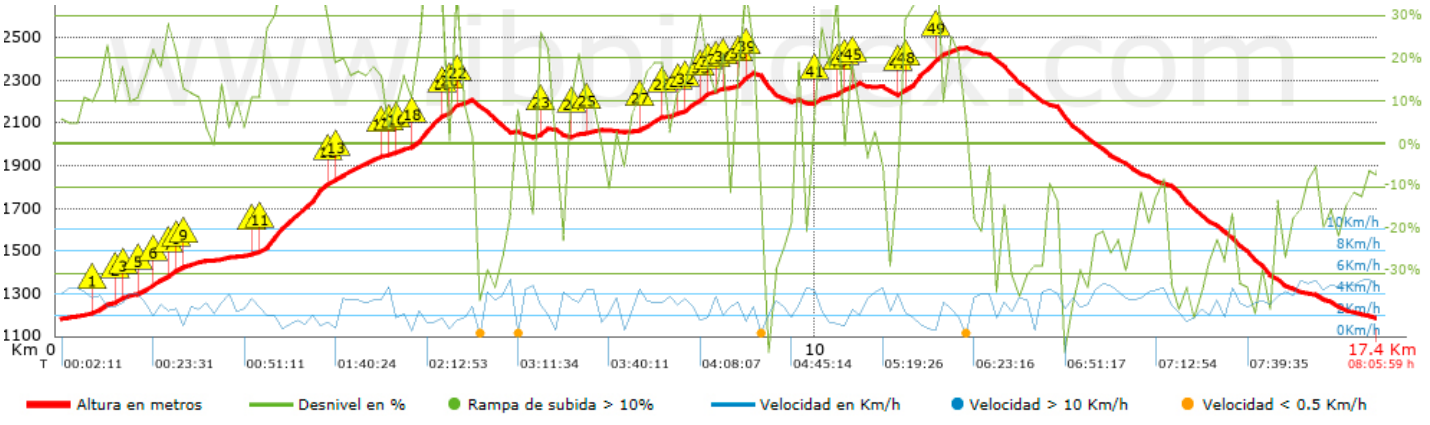
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.664	9.54	1.46	1:08:14
	Between 15 and 30%	3.822	21.91	2.49	1:32:16
	Between 10 and 15%	1.492	8.55	3.02	0:29:41
	Between 5 and 10%	1.326	7.6	2.75	0:28:58
	Between 1 and 5%	0.71	4.07	3.31	0:12:52
	Total :	9.014	51.66	2.33	3:52:01
	Plain				
	Difference of 1%	0.431	2.47	2.46	0:10:31
	Breakdown descents				
	Between 1 and 5%	0.677	3.88	2.77	0:14:39
	Between 5 and 10%	1.018	5.84	4.26	0:14:21
	Between 10 and 15%	0.947	5.43	3.72	0:15:16
	Between 15 and 30%	3.18	18.23	3.32	0:57:29
	Between 30% and 55%	2.182	12.5	2.4	0:54:35
	Total :	8.004	45.87	3.07	2:36:20
	Total track :	17.45	100 %	2.62	6:38:52

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Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
 1	0.493	17 %	309 m
 2	0.802	19 %	32 m
 3	0.834	12 %	186 m
 4	1.02	13 %	65 m
 5	1.086	20 %	182 m
 6	1.267	20 %	141 m
 7	1.408	23 %	167 m
 8	1.575	21 %	69 m
 9	1.644	13 %	261 m
 10	2.683	35 %	865 m
 11	3.547	27 %	113 m
 12	3.661	18 %	565 m
 13	4.226	11 %	135 m
 14	4.516	16 %	140 m
 15	4.656	24 %	30 m
 16	4.686	37 %	366 m
 17	5.052	15 %	105 m
 18	5.157	30 %	68 m
 19	5.225	36 %	46 m
 20	5.271	12 %	85 m
 21	6.32	24 %	165 m
 22	6.778	11 %	124 m
 23	6.902	11 %	48 m
 24	7.611	11 %	46 m
 25	7.657	19 %	292 m
 26	8.229	14 %	42 m

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27	8.272	23 %	41 m
28	8.313	26 %	151 m
29	8.463	26 %	84 m
30	8.548	14 %	133 m
31	8.681	20 %	40 m
32	8.721	22 %	73 m
33	8.919	17 %	40 m
34	8.959	33 %	111 m
35	9.07	22 %	107 m
36	9.958	15 %	44 m
37	10.003	17 %	124 m
38	10.223	34 %	33 m
39	10.256	36 %	65 m
40	10.361	14 %	98 m
41	10.46	16 %	32 m
42	11.084	13 %	30 m
43	11.114	19 %	31 m
44	11.145	37 %	453 m
45	11.598	29 %	32 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	3021.204	17.31	1:24:32	2.14	0:35:08	1:59:40	1.51
2000	5973.116	34.23	2:11:42	2.72	0:41:12	2:52:54	2.07
1750	2422.208	13.88	0:51:49	2.8	0:07:43	0:59:32	2.44
1500	1517.223	8.7	0:48:20	1.88	0:03:04	0:51:24	1.77
Total :	12.934 Km	74.12 %	5:16:23 h	2.45 Km/h	1:27:07 h	6:43:30 h	1.92 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
2.949	0:03:04	1587	1:05:53	1:05:53	2.949
3.616	0:03:25	1824	1:36:59	0:31:06	0.667
4.623	0:04:18	1982	2:01:06	0:24:07	1.007
5.052	0:02:33	2129	2:21:02	0:19:56	0.429
5.481	0:20:42 > 10´	2207	2:34:55	0:13:53	0.429
6.022	0:05:58	2056	3:05:36	0:30:41	0.542
6.485	0:04:10	2071	3:19:41	0:14:05	0.463
7.379	0:03:48	2062	3:42:28	0:22:47	0.894
9.177	0:04:45	2332	4:28:00	0:45:32	1.798
11.372	0:03:13	2322	5:35:26	1:07:26	2.195
11.471	0:07:42	2354	5:42:04	0:06:38 < 10´	0.099
11.94	0:19:28 > 10´	2450	6:01:02	0:18:58	0.469
12.842	0:04:01	2241	6:40:05	0:39:03	0.903
Total :	1:27:07 h				

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